



Winter Skills - Stage 1

Name:

Page 1 of 3

1.1 I have built something out of snow.

Completed in Beaver activities? YES / NO

1.2 I have prepared a good snack for a winter outing.

Completed in Beaver activities? YES / NO

True	False	
		Potato Chips
		Energy Bars/Granola Bars
		Apple

1.3 I always carry a water bottle when going on a winter outing

1.4 I can keep my water bottle from freezing on a winter outing.

True	False	
		Use an insulated water bottles
		Put ice cubes in the water bottle
		Put water bottle in your jacket



Winter Skills - Stage 1

Page 2 of 3

1.5 I have participated in a winter sports day (Beaveree, Cuboree, winter challenge).

Completed at a Beaver Camp? YES / NO

1.6 I know how to dress when I go outside in winter.

True	False	
		Long underwear
		Swimming suit
		Snow suit

1.7 I know to stay dry or change to dry clothes when I am outside in winter.

True	False	
		Wet clothing makes me cold
		Wet clothing may freeze
		Wet clothing keeps me warm

1.8 I know about the buddy system and why it is used when participating in outdoor activities.



Winter Skills - Stage 1

Page 3 of 3

1.9 I know to follow the instructions of the activity leader when at an outdoor event.

Completed in Beaver activities? YES / NO

True	False	
		Following instructions keep me safe.
		Throwing snowballs at leader is the right thing to do.

1.10 I have hiked at least 1 km in winter

Completed in Beaver activities? YES / NO

Date: _____

Location: _____

1.11 I know that I should not touch cold metal with bare skin, especially my lips or tongue.

What happens when you touch cold metals with bare skin, lips or tongue?