



Trail Skills - Stage 1

Name:

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1.1 I can help pack a rucksack for a day hike.

Completed in Beaver activities? YES / NO

1.2 I can dress myself for a day hike.

Completed in Beaver activities? YES / NO

1.3 I can list what food to bring on a day hike.

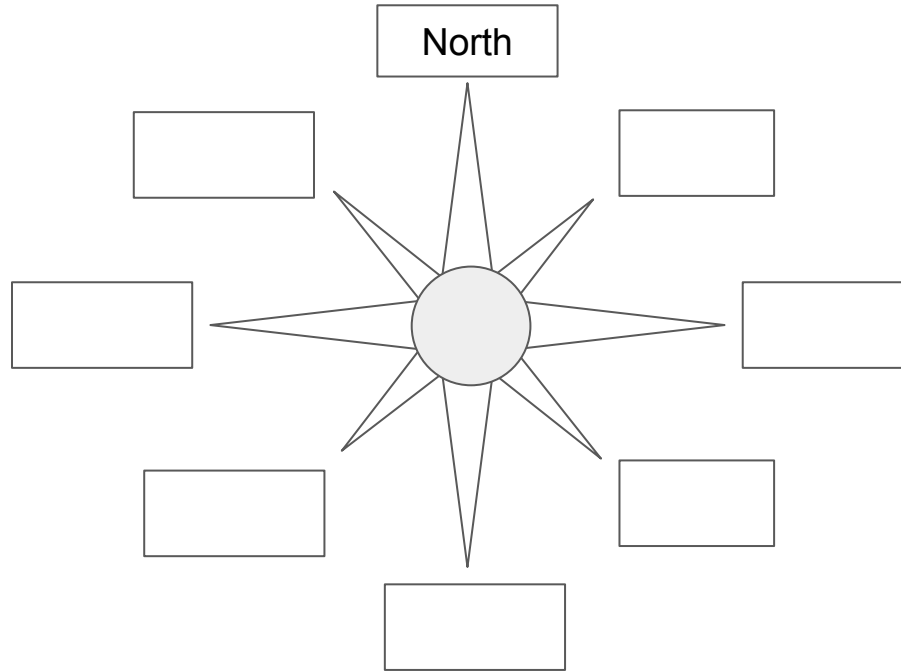
1.4 I can follow directions on a day hike.

Completed in Beaver activities? YES / NO

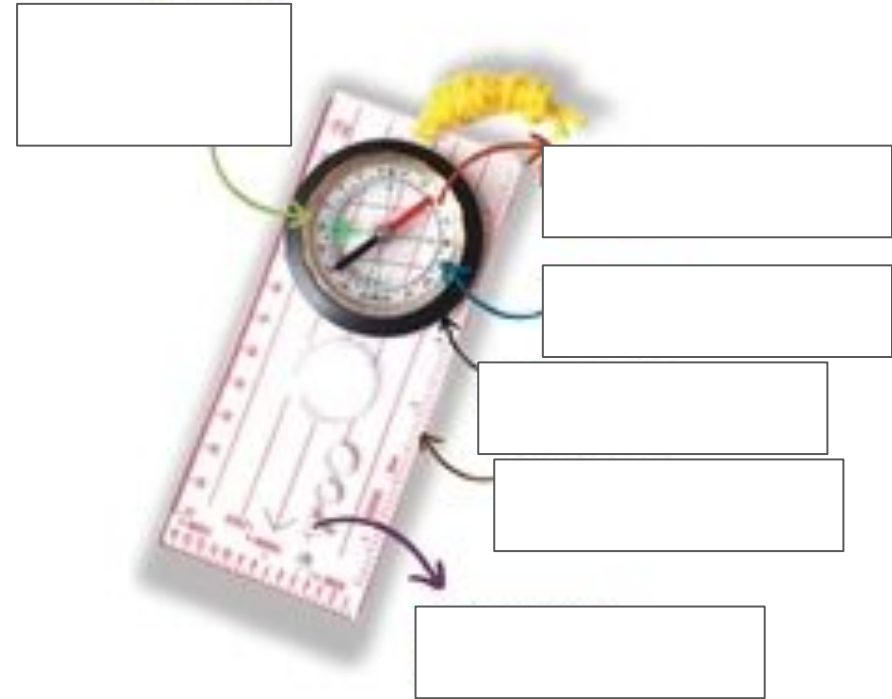


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1.5 I can recognize the main distress signals.



West South East NW SE NE SW



Orienting Arrow Magnetic Needle Bearing Angle
Housing Ring Base Plate
Direction of Travel Arrow



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1.6 I can behave safely while hiking.

Completed in Beaver activities? YES / NO

True	False	
		Play on my phone while hiking
		Touch unknown plants on the trail
		Hike with an adult

1.7 I can be responsible for myself while we are hiking.

Completed in Beaver activities? YES / NO

True	False	
		Stay on the trail and pay attention
		Carry my own belongings
		Wander off by myself

1.8 I can explain the buddy system.



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1.9 I can recognize the main distress signals.

1.10 I have attended at least two hikes.

Completed in Beaver activities? YES / NO

Hike 1

Date: _____

Location: _____

Hike 2

Date: _____

Location: _____